Fourteenth Sunday after Pentecost: Proper 16



August 25, 2024 9:00 & 11:00 am Before the service, speak to the Lord; During the service, let the Lord speak to you; After the service, speak to one another.



Words: Henry Van Dyke. Music: Ludwig van Beethoven, adapt. Edward Hodges. Public domain.

The complete text begins on page 355 of The Book of Common Prayer.

Priest Blessed be God: Father, Son and Holy Spirit.

People And blessed be God's kingdom, now and forever.

Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

All say this Hymn of Praise (9 a.m.)

Glory to God in the highest, and peace to his people on earth.

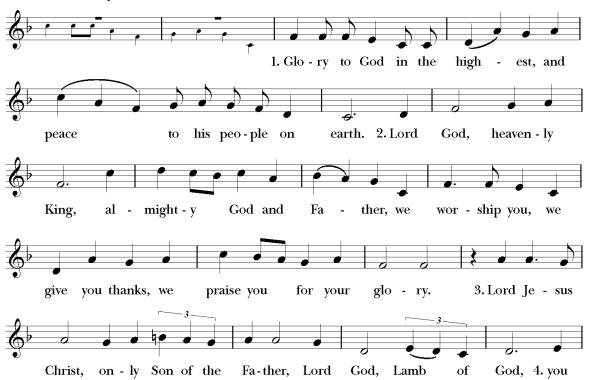
Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

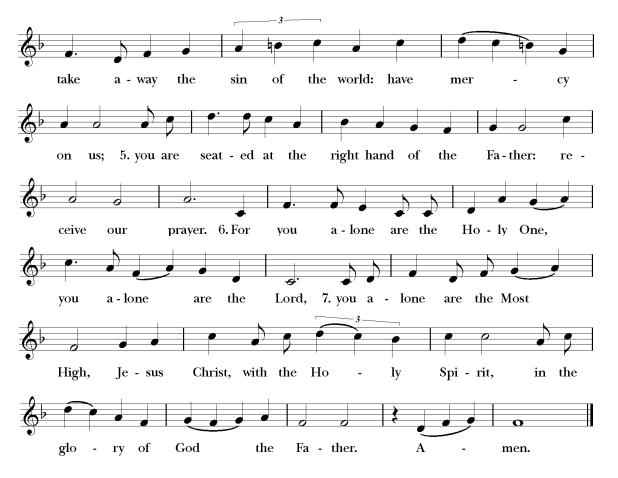
Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

All sing this Hymn of Praise (11:00 a.m.)







The Collect of the Day

Priest The Lord be with you.

People And also with you.

Priest Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

Joshua 24:1-2a,14-18

Joshua gathered all the tribes of Israel to Shechem, and summoned the elders, the heads, the judges, and the officers of Israel; and they presented themselves before God. And Joshua said to all the people, "Thus says the LORD, the God of Israel: "Now therefore revere the LORD, and serve him in sincerity and in faithfulness; put away the gods that your ancestors served beyond the River and in Egypt, and serve the LORD. Now if you are unwilling to serve the LORD, choose this day whom you will serve, whether the gods your ancestors served in the region beyond the River or the gods of the Amorites in whose land you are living; but as for me and my household, we will serve the LORD." Then the people answered, "Far be it from us that we should forsake the LORD to serve other gods; for it is the LORD our God who brought us and our ancestors up from the land of Egypt, out of the house of slavery, and who did those great signs in our sight. He protected us along all the way that we went, and among all the peoples through whom we passed; and the LORD drove out before us all the peoples, the Amorites who lived in the land. Therefore we also will serve the LORD, for he is our God."

Lector Hear what the Spirit is saying to God's people. People **Thanks be to God.**

Gradual Psalm 34:15-22

Taste and see that the Lord _____ is ___ good.

From A HymnTune Psalter, Revised Common Lectionary Edition © 2007 by Carl P. Daw, Jr. and Kevin R. Hackett. Church Publishing Incorporated.

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- 15 The eyes of the LORD are upon the righteous, * and his ears are open to their cry.
- 16 The face of the LORD is against those who do evil, * to root out the remembrance of them from the earth.

Refrain

17 The righteous cry, and the LORD hears them * and delivers them from all their troubles.

- 18 The LORD is near to the brokenhearted * and will save those whose spirits are crushed. **Refrain**
- 19 Many are the troubles of the righteous, * but the LORD will deliver him out of them all.
- 20 He will keep safe all his bones; * not one of them shall be broken.

Refrain

- 21 Evil shall slay the wicked, *
 And those who hate the righteous will be punished.
- The LORD ransoms the life of his servants, *

 And none will be punished who trust in him. Refrain

Ephesians 6:10-20

Be strong in the Lord and in the strength of his power. Put on the whole armor of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God. Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

Lector Hear what the Spirit is saying to God's people.

People Thanks be to God.

Sequence 690 "Guide me, O thou great Jehovah"

Words: William Williams, tr. Peter Williams; Music: John Hughes. Public domain.



Priest The holy Gospel of our Lord Jesus Christ according to John. People Glory to you, Lord Christ.

John 6:56-69

Jesus said, "Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the

bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever." He said these things while he was teaching in the synagogue at Capernaum. When many of his disciples heard it, they said, "This teaching is difficult; who can accept it?" But Jesus, being aware that his disciples were complaining about it, said to them. "Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe." For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, "For this reason I have told you that no one can come to me unless it is granted by the Father." Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, "Do you also wish to go away?" Simon Peter answered him, "Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God."

Priest The Gospel of the Lord.
People Praise to you, Lord Christ.

The Sermon The Rev. J. Thomas Downs

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord. Iesus Christ. the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God. begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Almighty God, giver of every good gift: Look graciously on your Church, and so guide the minds of those who shall choose a rector for this parish, that we may receive a faithful pastor, who will care for your people and equip us for our ministries; through Jesus Christ our Lord. Amen.

Lector God of heaven and earth, through Jesus Christ you promise to hear us when we pray to you in faith with thanksgiving.

We pray for one another, for our families and friends, through whom we learn to love and be loved. Thank you for all who care for us. Give us grace to serve Christ by serving our neighbors and our community, loving others as he loves us.

God of love

Hear our prayer

Silence

We thank you for the unfailing love you hold out to everyone in Jesus Christ. Comfort and heal those in sorrow, need, sickness or any other trouble, remembering especially Reed, Audrey, Lotte, Patti, Debbie, Carol, Betty, Lee, Ginny, Maggie, Matthew, Bob, Daryl, Jim, Mike, Andrew, Carol, Phil, Jim, and Jane. Give them courage and hope in

their distress and bless those who minister to them.

God of love

Hear our prayer

Silence

We remember with gratitude your many gifts to us in creation and the rich heritage of this land. Help us and people everywhere to share with justice and peace the resources of the earth. Inspire with your wisdom those in authority among us, the leaders of the nations and all whose decisions affect the lives of others.

God of love

Hear our prayer

Silence

We pray for your Church throughout the world. We thank you for all who serve Christ and God's kingdom. By your Spirit strengthen your people for their work and witness in the world. Unite us in your truth and love, that we who confess your name may also reflect your grace. God of love

Hear our prayer

Silence

We remember with thanksgiving all who have died in Christ, and we rejoice at the faithful witness of your saints in every age, praying that we may enter with them into the unending joy of your heavenly kingdom.

God of love

Hear our prayer

Silence

Merciful God you look with compassion on all who turn to you. Hear the prayers of your people.

Grant that we have asked in faith we may by your grace receive; Through Jesus Christ our Lord. Amen.

Priest Those things, good Lord that your servants have prayed for, Give us grace to work for; and in the purpose of your love answer our prayers and fulfil our hopes for Jesus' sake.

Amen

The Priest says

Let us confess our sins against God and our neighbor.

Silence is kept for recollection of sins. Then, all say

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Priest says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

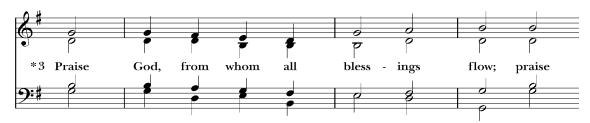
Priest The peace of the Lord be always with you.

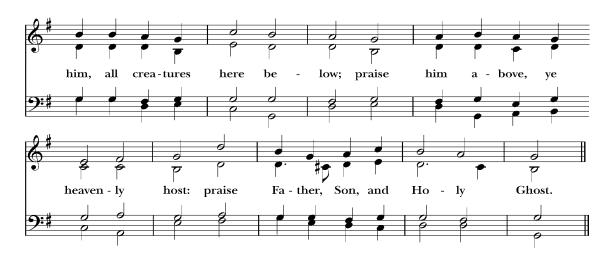
People And also with you.

The People may then greet one another with a sign of peace.

Offertory

Doxology (Old Hundredth, Hymn 380 v. 3) Words: Thomas Ken. Public domain.





Eucharistic Prayer B

The people remain standing. The Celebrant, whether bishop or priest, faces them and sings or says

Priest The Lord be with you.

People And also with you.

Priest Lift up your hearts.

People We lift them to the Lord.

Priest Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

Priest It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Therefore we praise you, joining our voices with Angels and

Archangels and with all the company of heaven, who for ever say or

sing this hymn to proclaim the glory of your Name:

Celebrant and People (Spoken at 9 a.m.)

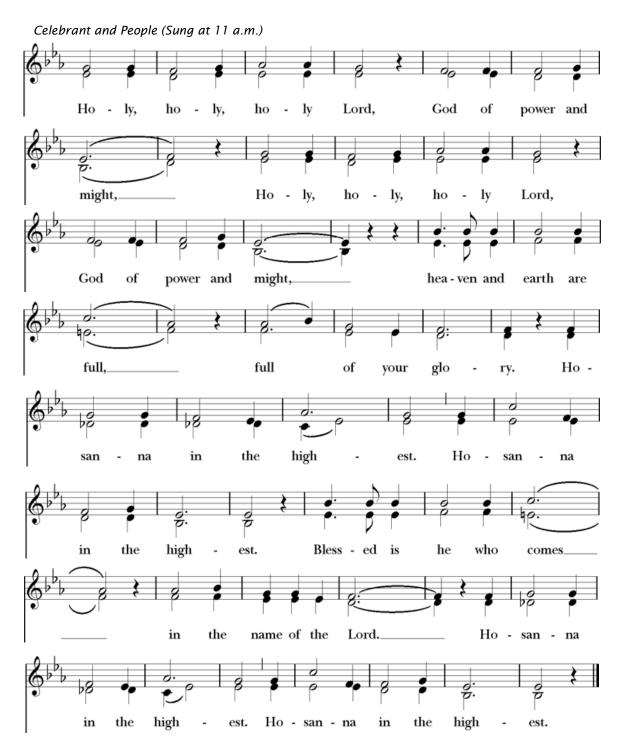
Holy, holy, holy Lord, God of power and might,

heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.



The people stand or kneel.
Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Celebrant and People

We remember his death, We proclaim his resurrection, We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [______ and] all

your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

Priest and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Bread is broken and silence is kept.

Then may be said

Christ our Passover is sacrificed for us; Therefore let us keep the feast.

Invitation to Communion

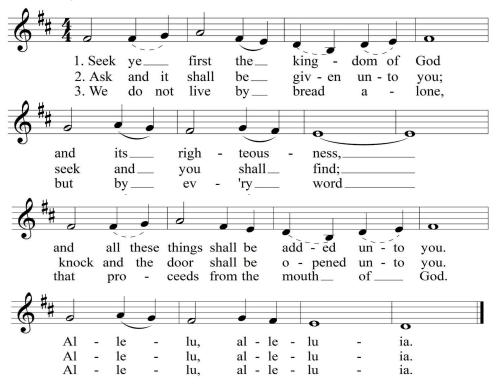
A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

Optional Prayer for those who cannot receive

Beloved Jesus, I believe that you are present in the Blessed Sacrament of the Altar. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you in the Sacrament of your Body and Blood, come spiritually into my heart. I embrace you and unite myself entirely to you. Let me never be separated from you in this life or in the life to come. Amen.

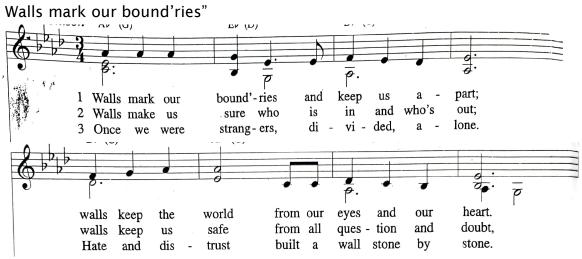
The people may be seated.

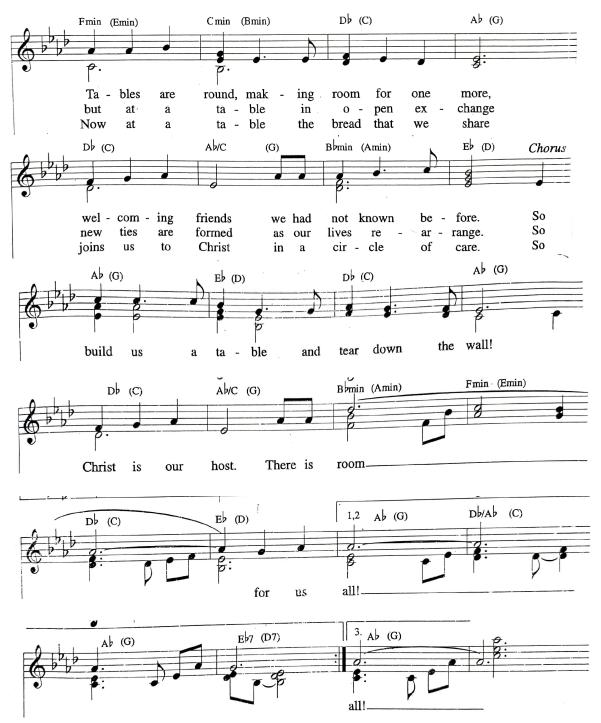
Hymns During Communion: "Seek ye first"



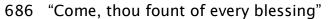
Text: v. 1, Matt. 6:33, adapt. Karen Lafferty; v. 2, Matt. 7:7; v. 3, Matt 4:4. Music: by Karen Lafferty (LAFFERTY, irr.) © 1972, Maranatha! Music, admin. The Copyright Co.

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The People stand as they are able.

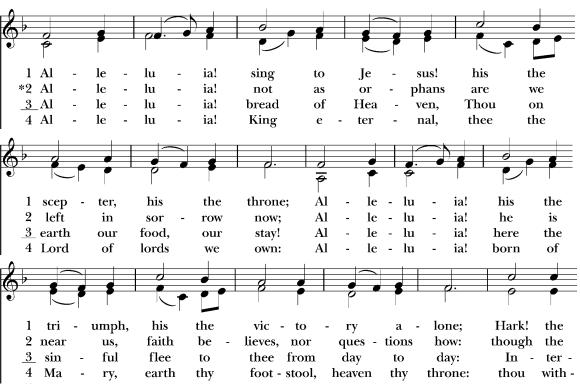
After Communion, all say

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

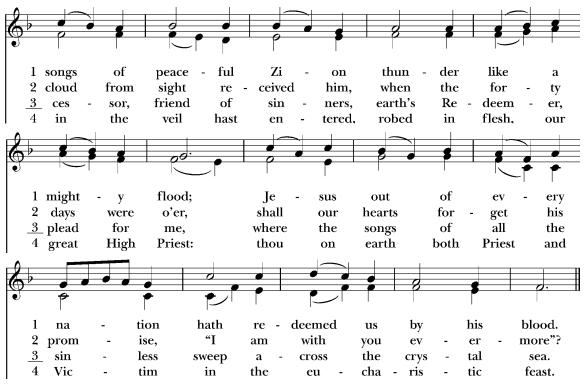
The Priest bestows the blessing

The Peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**





(continued on next page)



Words: William C. Dix; Music: Rowland H. Prichard. Public domain.

The Deacon (or if no Deacon, the Priest) dismisses the People.

Go in peace to love and serve the Lord.

People Thanks be to God.

Postlude

In Our Prayers

LARCC: Stephen Ministry Program/Prayer Group at St. Paul Lutheran Church

For Healing & Convalescing: Reed Hamp, Audrey Himes, Lotte Rosenberg, Patti Rockwell, Debbie Sanborn, Carol Hart, Betty Bartley, Lee Harris, Ginny French, Maggie Lamb, Matthew Van Zetten, Bob Hanna, Daryl Hebert, Jim Tanner, Mike Tanner, Andrew, Carol Putkamer, Phil, Jim Gilmet, and Jane McClain.

Birthdays: Anna Young (25), Ted Cousins, Jakob Precord (26), Kathy Himes, Jackie Kennedy, Ben Young (28), Suzanne Degerstrom, Simone Kapala (30)

Military: Ashley Alexander, Tyler Ferrier, Joshua Gapske, Isaac Graham, John Hartman

Cycles of Prayer: Diocesan: The Coppage Gordon School for Ministry and St. Luke's, Kalamazoo; Anglican: La Iglesia Anglicana de Mexico

The Flowers On The Altar

Given to the Glory of God and In Memory of Larry Urbanowicz Elizabeth & William Wilson The Goodburne Family by Sid Urbanowicz

ANNOUNCEMENTS

NO WORSHIP CENTER IN AUGUST

Worship Center will not meet during the month of August. We will resume on Sunday, September 8th.

MESSY CHURCH

Messy Church will begin meeting in September along with the Potluck Dinner. The date will be September 5 and the time will be 5-7:00 pm. Anyone interested in helping set up, assisting with children, or clean up please contact Bronwyn at 989-356-1045.

TECW OFFERS ENNEAGRAM SPIRITUAL RETREAT

Thursday, September 19 ~ 10 a.m.—12 p.m. (with lunch following in the Parish Hall)

This workshop is sponsored by the TECW and offered free of charge. Open to both men and women. All are welcome! Please RSVP by September 15 to Sonya Titus at 989.354.6031.

"The Essential Enneagram" book is available for a suggested donation of \$7.00 or can be purchased on Amazon.com.

ABOUT THE PRESENTER AND WORKSHOP

BIO

Br. Mike Whitman lives in Tawas City, MI, as a Roman Catholic contemplative in the world, under the guidance of the Carmelite Rule, while practicing a monastic lifestyle. He has been a certified spiritual director since 2004, which is supported since 2011, by a master's degree in Contemporary Spirituality from Loyola University in Chicago. He has been interested in the Enneagram since his formation as a spiritual director. He in no way claims to be an expert in this process.

POSSIBLE RESOURCES

THE ESSENTIAL ENNEAGRAM, David Daniels, M.D., Virginia Price, PH.D. (Most recommended for this workshop – has a test he would recommend all take before the workshop.)

ENNEAGRAM SPIRITUALITY, Suzanne Zuercher, O.S.B.

SPIRTUAL RHYTHMS FOR THE ENNEAGRAM, Adele & Doug Calhoun and Claire & Scott Loughrige

WORKSHOP OUTLINE

This workshop will explore the possible usefulness of the Enneagram in our spiritual journey. It, along with numerous other personality inventories, helps us to honestly understand ourselves, which is 90% of what this journey is about. The other 10%, how does God fit into all this, begins to fall into place the closer we approach real integration. Br. Mike will share his own appreciation of this tool in his life and work.



Future Worship Schedule

Sunday, September 1

9 am - Holy Eucharist/Rev. Mark Rutenbar 11 am - Holy Eucharist/Rev. Mark Rutenbar

Sunday, September 8

9 am - Holy Eucharist/Rev. Tom Downs 11 am - Holy Eucharist/Rev. Tom Downs

Sunday, September 15

9 am - Holy Eucharist/Rev. Mark Rutenbar 11 am - Holy Eucharist/Rev. Mark Rutenbar

Sunday, September 22

9 am - Holy Eucharist/Rev. Tom Downs 11 am - Holy Eucharist/Rev. Tom Downs

Wednesdays, August 28 and September 4, 11, 18, 25

12:05 pm - Holy Eucharist/Rev. Bruce Michaud 1:00 pm - Bible Study/Rev. Bruce Michaud

This Week's Calendar		
Today		Holy Eucharist Sunday Supper
Tuesday		Alpena Groove - Lower Level
Wednesday	12:05 PM	Church Office Closed Holy Eucharist The Good Book (Bible) Study AA
Friday	5:30 PM	AA

Trinity Episcopal Church 124 E. Washington Avenue Alpena, MI 49707

The Rev. Dr. Daniel Maxwell, Deacon Mobile: (248) 568-7115

X

Kat Tomaszewski, Music Director Peggy Tomaszewski, Office Manager

Office Hours:1:00 -5:00 PM Monday -Thursday; 1:00 -3:00 PM Friday Phone: (989) 356-0576 ★ Email: adminasst@trinityalpena.net

Website: www.trinityalpena.net

Office Hours: Closed Mondays, Tuesday - Thursday - 1pm to 5pm, Friday - 1pm to 3pm

Welcome to Trinity, part of the Anglican Communion, and thus, both catholic and reformed — the *via media* or "middle way" between Roman Catholicism and Protestantism.

Trinity organized in 1864 and our Victorian Gothic building dates from 1883. As a "National Jubilee Center," we reach out to many in need, and as a venue for performing arts, we live out our identity as a "village church" in the English tradition.

In "Eucharistic hospitality," we invite all persons to the Lord's Table. Please join us there, and then, next door after the Service for refreshment and fellowship. We are delighted that you are here, and would be delighted to meet you.

The Vestry

Ellen Eagan, Senior Warden Don Stockdale, Junior Warden Susan Fitzpatrick, Treasurer

Michelle Cornish, Clerk

Duane Himes Jim Masters

Cathy Meske Lisa Rhea

Bill Powell Betty Westrope

