Fifth Sunday after Pentecost: Proper 7



June 23, 2024 9:00 & 11:00 am

Before the service, speak to the Lord; During the service, let the Lord speak to you; After the service, speak to one another.

Prelude "Morning Has Broken" Cheryl Bates, Flute

Arr. Judy Nishimura © 2020 ALRY Publications, LLC. Streamed with permission.





Words: William Whiting, Robert N. Spencer; Music: John B. Dykes. Public domain.

The complete text begins on page 355 of The Book of Common Prayer.

Priest Blessed be God: Father, Son and Holy Spirit.

People And blessed be God's kingdom, now and forever.

Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

All say this Hymn of Praise (9 a.m.)

Glory to God in the highest, and peace to his people on earth.

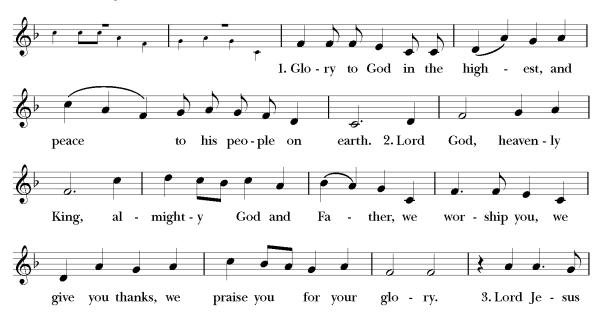
Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

All sing this Hymn of Praise (11:00 a.m.)

S 280 Glory to God





The Collect of the Day

Priest The Lord be with you.

People And also with you.

Priest O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving-kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen**

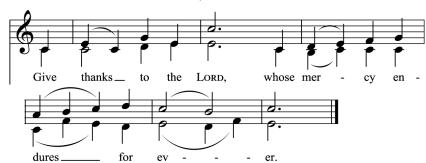
The Lessons

lob 38:1-11

The LORD answered Job out of the whirlwind: "Who is this that darkens counsel by words without knowledge? Gird up your loins like a man, I will question you, and you shall declare to me. "Where were you when I laid the foundation of the earth? Tell me, if you have understanding. Who determined its measurements—surely you know! Or who stretched the line upon it? On what were its bases sunk, or who laid its cornerstone when the morning stars sang together and all the heavenly beings shouted for joy? "Or who shut in the sea with doors when it burst out from the womb?—when I made the clouds its garment, and thick darkness its swaddling band, and prescribed bounds for it, and set bars and doors, and said, 'Thus far shall you come, and no farther, and here shall your proud waves be stopped'?"

Lector Hear what the Spirit is saying to God's people. People **Thanks be to God.**

Gradual Psalm 107:1-3, 23-32



From A HymnTune Psalter, Revised Common Lectionary Edition © 2007 by Carl P. Daw, Jr. and Kevin R. Hackett. Church Publishing Incorporated. All rights reserved. Used by permission.

- 1 Give thanks to the LORD, for he is good, * and his mercy endures for ever.
- 2 Let all those whom the LORD has redeemed proclaim * that he redeemed them from the hand of the foe.
- 3 He gathered them out of the lands; * from the east and from the west, from the north and from the south.

Refrain

- 23 Some went down to the sea in ships * and plied their trade in deep waters;
- 24 They beheld the works of the LORD * and his wonders in the deep.
- 25 Then he spoke, and a stormy wind arose, * which tossed high the waves of the sea.

Refrain

- 26 They mounted up to the heavens and fell back to the depths; *
 - their hearts melted because of their peril.
- 27 They reeled and staggered like drunkards * and were at their wits' end.
- 28 Then they cried to the LORD in their trouble, and he delivered them from their distress.

Refrain

- 29 He stilled the storm to a whisper * and quieted the waves of the sea.
- 30 Then were they glad because of the calm, *
 and he brought them to the harbor they were bound
 for.

 Refrain
- 31 Let them give thanks to the LORD for his mercy * and the wonders he does for his children.
- 32 Let them exalt him in the congregation of the people * and praise him in the council of the elders. **Refrain**

2 Corinthians 6:1-13

As we work together with Christ, we urge you also not to accept the grace of God in vain. For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you." See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see-- we are alive; as punished, and yet not

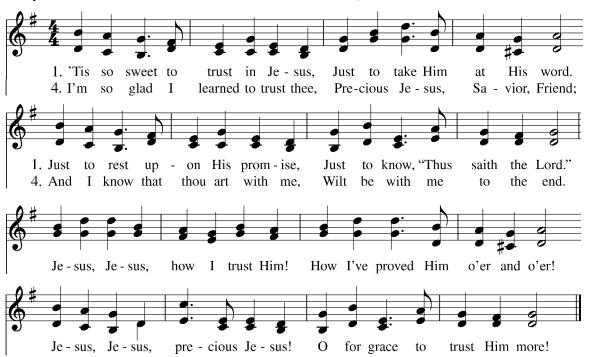
killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

We have spoken frankly to you Corinthians; our heart is wide open to you. There is no restriction in our affections, but only in yours. In return-- I speak as to children-- open wide your hearts also.

Lector Hear what the Spirit is saying to God's people.

People Thanks be to God.

Sequence L-108 ""Tis so sweet to trust in Jesus"



Words: Louisa M. R. Stead; Music: William J. Kirkpatrick. Public domain.

Priest The holy Gospel of our Lord Jesus Christ according to John. People Glory to you, Lord Christ.

Mark 4:35-41

When evening had come, Jesus said to his disciples, "Let us go across to the other side." And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the

cushion; and they woke him up and said to him, "Teacher, do you not care that we are perishing?" He woke up and rebuked the wind, and said to the sea, "Peace! Be still!" Then the wind ceased, and there was a dead calm. He said to them, "Why are you afraid? Have you still no faith?" And they were filled with great awe and said to one another, "Who then is this, that even the wind and the sea obey him?"

Priest The Gospel of the Lord.
People Praise to you, Lord Christ.

The Sermon The Rev. J. Thomas Downs

The Nicene Creed

We believe in one God. the Father, the Almighty, maker of heaven and earth. of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God. eternally begotten of the Father, God from God, Light from Light, true God from true God. begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate: he suffered death and was buried. On the third day he rose again in accordance with the Scriptures: he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead,

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

and his kingdom will have no end.

With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Almighty God, giver of every good gift: Look graciously on your Church, and so guide the minds of those who shall choose a rector for this parish, that we may receive a faithful pastor, who will care for your people and equip us for our ministries; through Jesus Christ our Lord. Amen.

Lector God of heaven and earth, through Jesus Christ you promise to hear us when we pray to you in faith with thanksgiving.

We pray for one another, for our families and friends, through whom we learn to love and be loved. Thank you for all who care for us. Give us grace to serve Christ by serving our neighbors and our community, loving others as he loves us.

God of love

Hear our prayer

Silence

We thank you for the unfailing love you hold out to everyone in Jesus Christ. Comfort and heal those in sorrow, need, sickness or any other trouble, remembering especially Reed, Audrey, Lotte, Patti, Debbie, Carol, Betty, Lee, Ginny, Bruce, Maggie, Matthew, Bob, Daryl, Jim, Mike, Andrew, Carol, Phil, Jim, and Jane. Give them courage and hope in their distress and bless those who minister to them. God of love

Hear our prayer

Silence

We remember with gratitude your many gifts to us in creation and the rich heritage of this land. Help us and people everywhere to share with justice and peace the resources of the earth. Inspire with your wisdom those in authority among us, the leaders of the nations and all whose decisions affect the lives of others.

God of love **Hear our prayer**

Silence

We pray for your Church throughout the world. We thank you for all who serve Christ and God's kingdom. By your Spirit strengthen your people for their work and witness in the world. Unite us in your truth and love, that we who confess your name may also reflect your grace. God of love

Hear our prayer

Silence

We remember with thanksgiving all who have died in Christ, and we rejoice at the faithful witness of your saints in every age, praying that we may enter with them into the unending joy of your heavenly kingdom.

God of love

Hear our prayer

Silence

Merciful God you look with compassion on all who turn to you. Hear the prayers of your people.

Grant that we have asked in faith we may by your grace receive; Through Jesus Christ our Lord.

Amen

Priest Those things, good Lord that your servants have prayed for, Give us grace to work for; and in the purpose of your love answer our prayers and fulfil our hopes for Jesus' sake.

Amen

The Priest says

Let us confess our sins against God and our neighbor.

Silence is kept for recollection of sins. Then, all say

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Priest says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

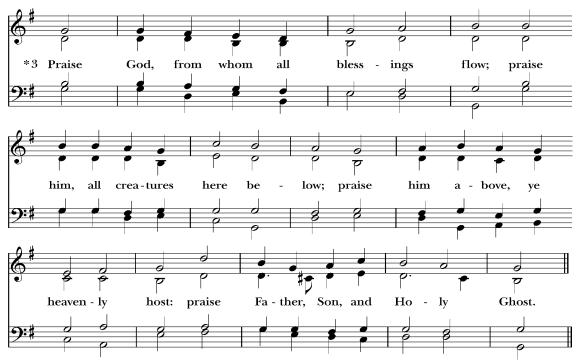
Priest The peace of the Lord be always with you.

People And also with you.

The People may then greet one another with a sign of peace.

Offertory

Doxology (Old Hundredth, Hymn 380 v. 3) Words: Thomas Ken. Public domain.



Eucharistic Prayer B

The people remain standing. The Celebrant, whether bishop or priest, faces them and sings or says

Priest The Lord be with you.

People And also with you.

Priest Lift up your hearts.

People We lift them to the Lord.

Priest Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

Priest It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever say or sing this hymn to proclaim the glory of your Name:

Celebrant and People (Spoken at 9 a.m.)

Holy, holy, holy Lord, God of power and might,

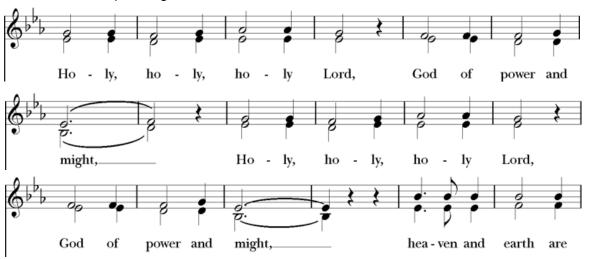
heaven and earth are full of your glory.

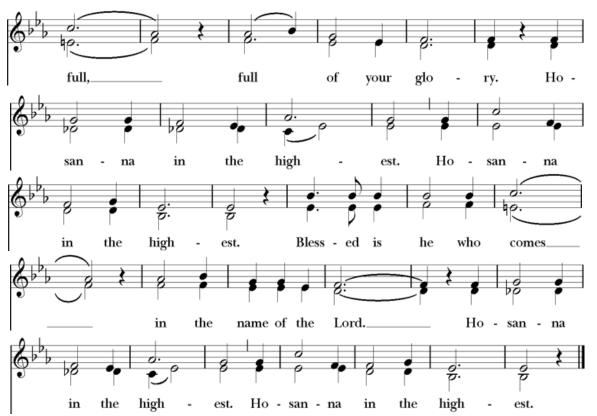
Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Celebrant and People (Sung at 11 a.m.)





The people stand or kneel.

Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Celebrant and People

We remember his death, We proclaim his resurrection, We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [______ and] all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

Priest and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses,

as we forgive those who trespass against us. And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Bread is broken and silence is kept. Then may be said

Christ our Passover is sacrificed for us; Therefore let us keep the feast.

Invitation to Communion

A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

Optional Prayer for those who cannot receive

Beloved Jesus, I believe that you are present in the Blessed Sacrament of the Altar. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you in the Sacrament of your Body and Blood, come spiritually into my heart. I embrace you and unite myself entirely to you. Let me never be separated from you in this life or in the life to come. Amen.

The people may be seated.

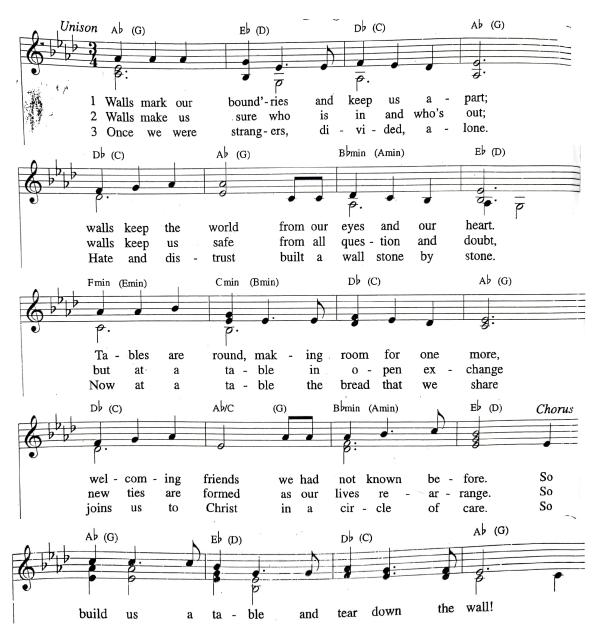
Hymns During Communion: "Seek ve first"



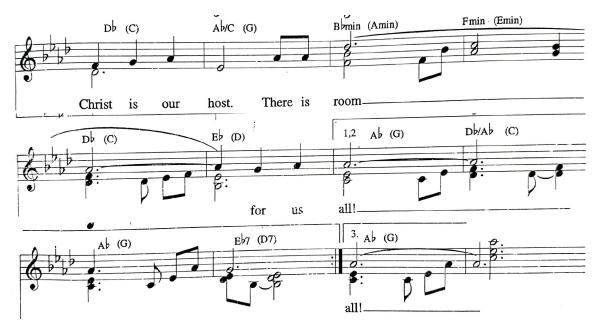
Text: v. 1, Matt. 6:33, adapt. Karen Lafferty; v. 2, Matt. 7:7; v. 3, Matt 4:4. Music: by Karen Lafferty (LAFFERTY, irr.) © 1972, Maranatha! Music, admin. The Copyright Co.

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Walls mark our bound'ries"

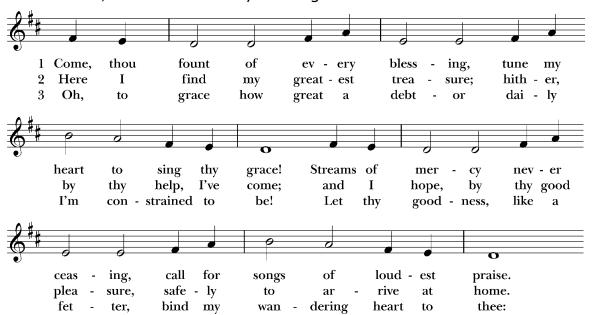


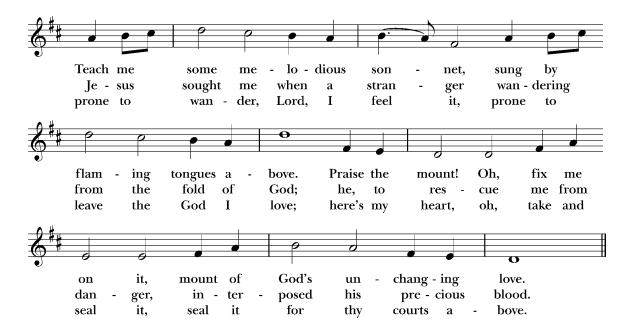
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686 "Come, thou fount of every blessing"





Words: Robert Robertson; Music: Nettleton 1883. Public domain.

The People stand as they are able.

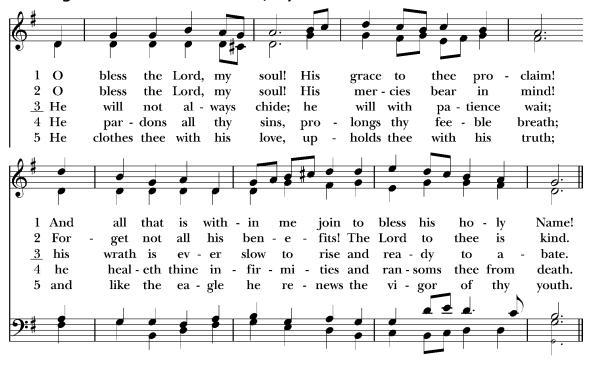
After Communion, all say

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Priest bestows the blessing

The Peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

Closing 411 "O bless the Lord, my soul"



6 Then bless his holy Name, whose grace hath made thee whole, whose loving-kindness crowns thy days: O bless the Lord, my soul!

Words: James Montgomery; Music: Aaron Williams, harm. Lowell Mason. Public domain.

The Deacon (or if no Deacon, the Priest) dismisses the People.

Go in peace to love and serve the Lord.

People Thanks be to God.

Postlude

In Our Prayers

LARCC: Altar Servers/Ushers at All Saints Catholic Parish

For Healing & Convalescing: Reed Hamp, Audrey Himes, Lotte Rosenberg, Patti Rockwell, Debbie Sanborn, Carol Hart, Betty Bartley, Lee Harris, Ginny French, Bruce Connon, Maggie Lamb, Matthew Van Zetten, Bob Hanna, Daryl Hebert, Jim Tanner, Mike Tanner, Andrew, Carol Putkamer, Phil, Jim Gilmet, and Jane McClain.

Birthdays: Judith Geierman, Christina Geierman, Payton Aikens (24), Logan Precord (25), Jennifer Young (26)

Military: Ashley Alexander, Tyler Ferrier, Joshua Gapske, Isaac Graham, John Hartman

Cycles of Prayer: Diocesan: St. Paul's, Harsens Island and St. John's, Grand Haven; Anglican: the Church of England

This Week's Calendar		
Today	9 & 11 AM 11 AM 4 PM	,
Tuesday	1:30 PM 4:45 PM 7 PM	Prayer Group Alpena Groove - Lower Level AA
Wednesday		Holy Eucharist The Good Book (Bible) Study AA
Thursday	All Day 6 PM	Church Office Closed Vestry
Friday	5:30 PM	AA

Announcements

THANK YOU

A huge thank you to the crew who supported Lew Kunze's funeral. We provided a lovely luncheon to approximately 110 people and it could not have been accomplished without the many helping hands of the kitchen crew, serving team, all the folks who provided the desserts and the clean up crew. Thank you. You demonstrated what it means to serve Christ's people. When I spoke with Kathryn at the end of the day she was very thankful to all.

ALPENA GROOVE

You may have seen the sign on the door as you come in and wondered "What is Alpena Groove?" It is a dance fitness experience. We dance to different genres of music with simple steps and a provide an opportunity to dance the way that your body wants to move. You can dance on your feet or from a chair. It is a safe space to be yourself, get some exercise and connect to fun music and great people. We hold classes on Tuesday at 4:45 pm at Trinity and on Wednesday at 6:30 pm at the Senior Center. Come try it out! Any questions, check out Alpena Groove on Facebook.

SCHOLARSHIP APPLICATIONS AVAILABLE

2024 Scholarship Applications are now available. If you are a member of Trinity enrolled in an undergraduate program and would like an application, please contact the Church Office. Deadline to apply is July 31, 2024.



Future Worship Schedule

Sunday, June 30

9 am - Holy Eucharist/Rev. Tom Downs 11 am - Holy Eucharist/Rev. Tom Downs

Sunday, July 7

9 am - Holy Eucharist/Rev. Mark Rutenbar 11 am - Holy Eucharist/Rev. Mark Rutenbar

Sunday, July 14

9 am - Holy Eucharist/Rev. Tom Downs 11 am - Holy Eucharist/Rev. Tom Downs

Sunday, July 21

9 am - Holy Eucharist/Rev. Mark Rutenbar 11 am - Holy Eucharist/Rev. Mark Rutenbar

Sunday, July 28

9 am - Holy Eucharist/Rev. Tom Downs 11 am - Holy Eucharist/Rev. Tom Downs

Wednesdays, June 19, 26 and July 3, 10, 17, 24, 31

12:05 pm - Holy Eucharist/Rev. Bruce Michaud 1:00 pm - Bible Study/Rev. Bruce Michaud

Trinity Episcopal Church 124 E. Washington Avenue Alpena, MI 49707

The Rev. Dr. Daniel Maxwell, Deacon Mobile: (248) 568-7115

X

Kat Tomaszewski, Music Director Peggy Tomaszewski, Office Manager

Office Hours:1:00 -5:00 PM Monday -Thursday; 1:00 -3:00 PM Friday Phone: (989) 356-0576 ★ Email: adminasst@trinityalpena.net

Website: www.trinityalpena.net

Office Hours: Closed Mondays, Tuesday - Thursday - 1pm to 5pm, Friday - 1pm to 3pm

Welcome to Trinity, part of the Anglican Communion, and thus, both catholic and reformed — the *via media* or "middle way" between Roman Catholicism and Protestantism.

Trinity organized in 1864 and our Victorian Gothic building dates from 1883. As a "National Jubilee Center," we reach out to many in need, and as a venue for performing arts, we live out our identity as a "village church" in the English tradition.

In "Eucharistic hospitality," we invite all persons to the Lord's Table. Please join us there, and then, next door after the Service for refreshment and fellowship. We are delighted that you are here, and would be delighted to meet you.

The Vestry

Ellen Eagan, Senior Warden Don Stockdale, Junior Warden Susan Fitzpatrick, Treasurer

Michelle Cornish, Clerk

Duane Himes Iim Masters

Cathy Meske Lisa Rhea

Bill Powell Betty Westrope

