Eleventh Sunday after Pentecost: Proper 13



August 4, 2024 9:00 & 11:00 am

Before the service, speak to the Lord; During the service, let the Lord speak to you; After the service, speak to one another.

Prelude Entrance 522 "Glorious things of thee are spoken"



Words: John Newton (1725-1807), alt. Music: *Austria*, Franz Joseph Haydn (1732-1807); desc. Michael Y. Young, (b. 1939). Descant Copyright © 1979, G.I.A. Publications, Inc.

Permission to reprint, podcast, and/or stream this music obtained from ONE LICENSE with license #723843-A. All rights reserved.

The complete text begins on page 355 of The Book of Common Prayer.

Priest Blessed be God: Father, Son and Holy Spirit.

People And blessed be God's kingdom, now and forever.

Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

All say this Hymn of Praise (9 a.m.)

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

All sing this Hymn of Praise (11:00 a.m.)

S 280 Glory to God





The Collect of the Day

Priest The Lord be with you.

People And also with you.

Priest Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

Exodus 16:2-4, 9-15

²The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. 3The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." 4Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not." 9Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" 10 And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. 11The LORD spoke to Moses and said, 12"I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'" ¹³In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. 14When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. 15When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat."

Lector Hear what the Spirit is saying to God's people. People **Thanks be to God.**

Gradual Psalm 78:23-29

²³So he commanded the clouds above * and opened the doors of heaven.

²⁴He rained down manna upon them to eat * and gave them grain from heaven.

²⁵So mortals ate the bread of angels; * he provided for them food enough.

²⁶He caused the east wind to blow in the heavens * and led out the south wind by his might.

²⁷He rained down flesh upon them like dust * and wingéd birds like the sand of the sea.

²⁸He let it fall in the midst of their camp * and round about their dwellings.

²⁹So they ate and were well filled, * for he gave them what they craved.

Ephesians 4:1-16

1, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, 2with all humility and gentleness, with patience, bearing with one another in love, 3 making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, 5 one Lord, one faith, one baptism, 6 one God and Father of all, who is above all and through all and in all. ⁷But each of us was given grace according to the measure of Christ's gift. 8Therefore it is said. "When he ascended on high he made captivity itself a captive; he gave gifts to his people." 9(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? 10He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) 11The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, 12 to equip the saints for the work of ministry, for building up the body of Christ, ¹³until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. 14We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. 15But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, ¹⁶ from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Lector Hear what the Spirit is saying to God's people.

People Thanks be to God.

Sequence "Holy Spirit, ever dwelling"



- 1 Ho-ly Spir-it, ev er dwell-ing in the ho liest realms of light;
- 2 Ho-ly Spir-it, ev er liv ing as the church's ver y life;
- 3 Ho-ly Spir-it, ev er work-ing through the church's min is try;



Ho - ly Spir - it, ev - er brood-ing o'er a world of gloom and night; Ho - ly Spir - it, ev - er striv - ing through us in a cease - less strife; quick-'ning, strength-'ning, and ab - solv - ing, set - ting cap - tive sin - ners free;



Ho-ly Spir-it, ev - er rais - ing those of earth to thrones on high; Ho-ly Spir-it, ev - er form-ing in the church the mind of Christ:

Ho-ly Spir-it, ev - er bind-ing age to age and soul to soul



liv - ing, life - im - part - ing Spir - it, you we praise and mag - ni - fy. you we praise with end - less wor - ship for your gifts and fruits un - priced. in com-mu - nion nev - er end - ing, you we wor - ship and ex - tol.

Text: Timothy Rees, 1874-1939, alt.

Music: IN BABILONE, Oude en Nieuwe Hollantse Boerenlities en Contradansen, 1710 Public domain.

Priest The holy Gospel of our Lord Jesus Christ according to John. People Glory to you, Lord Christ.

John 6:24-35

²⁴[On the next day, when the people who remained after the feeding of the five thousand] saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. ²⁵When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" ²⁶Jesus answered

them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. ²⁷Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." 28Then they said to him, "What must we do to perform the works of God?" ²⁹Jesus answered them, "This is the work of God, that you believe in him whom he has sent." 30So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? 31 Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat." 32Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. 33 For the bread of God is that which comes down from heaven and gives life to the world." 34They said to him, "Sir, give us this bread always." 35Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Priest The Gospel of the Lord.
People Praise to you, Lord Christ.

The Sermon The Rev. Mark Rutenbar

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God. eternally begotten of the Father, God from God, Light from Light, true God from true God. begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Almighty God, giver of every good gift: Look graciously on your Church, and so guide the minds of those who shall choose a rector for this parish, that we may receive a faithful pastor, who will care for your people and equip us for our ministries; through Jesus Christ our Lord. Amen.

Lector God of heaven and earth, through Jesus Christ you promise to hear us when we pray to you in faith with thanksgiving.

We pray for one another, for our families and friends, through whom we learn to love and be loved. Thank you for all who care for us. Give us grace to serve Christ by serving our neighbors and our community, loving others as he loves us.

God of love

Hear our prayer

Silence

We thank you for the unfailing love you hold out to everyone in Jesus Christ. Comfort and heal those in sorrow, need, sickness or any other trouble, remembering especially Reed, Audrey, Lotte, Patti, Debbie, Carol, Betty, Lee, Ginny, Maggie, Matthew, Bob, Daryl, Jim, Mike, Andrew, Carol, Phil, Jim, and Jane. Give them courage and hope in their distress and bless those who minister to them.

God of love **Hear our prayer**

Silence

We remember with gratitude your many gifts to us in creation and the rich heritage of this land. Help us and people everywhere to share with justice and peace the resources of the earth. Inspire with your wisdom those in authority among us, the leaders of the nations and all whose decisions affect the lives of others.

God of love

Hear our prayer

Silence

We pray for your Church throughout the world. We thank you for all who serve Christ and God's kingdom. By your Spirit strengthen your people for their work and witness in the world. Unite us in your truth and love, that we who confess your name may also reflect your grace. God of love

Hear our prayer

Silence

We remember with thanksgiving all who have died in Christ, and we rejoice at the faithful witness of your saints in every age, praying that we may enter with them into the unending joy of your heavenly kingdom.

God of love

Hear our prayer

Silence

Merciful God you look with compassion on all who turn to you. Hear the prayers of your people.

Grant that we have asked in faith we may by your grace receive; Through Jesus Christ our Lord. Amen.

Priest Those things, good Lord that your servants have prayed for, Give us grace to work for; and in the purpose of your love answer our prayers and fulfil our hopes for Jesus' sake.

Amen

The Priest says

Let us confess our sins against God and our neighbor.

Silence is kept for recollection of sins. Then, all say

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Priest says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

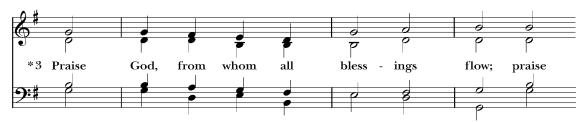
Priest The peace of the Lord be always with you.

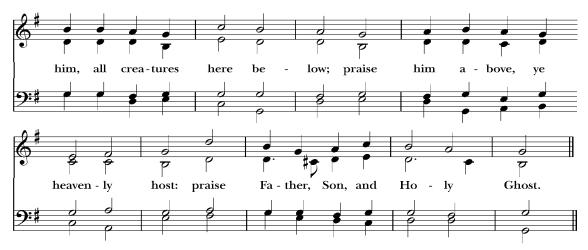
People And also with you.

The People may then greet one another with a sign of peace.

Offertory

Doxology (Old Hundredth, Hymn 380 v. 3) Words: Thomas Ken. Public domain.





Eucharistic Prayer B

The people remain standing. The Celebrant, whether bishop or priest, faces them and sings or says

Priest The Lord be with you.

People And also with you.

Priest Lift up your hearts.

People We lift them to the Lord.

Priest Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

Priest It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever say or sing this hymn to proclaim the glory of your Name:

Celebrant and People (Spoken at 9 a.m.)

Holy, holy, holy Lord, God of power and might,

heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.



The people stand or kneel.
Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Celebrant and People

We remember his death, We proclaim his resurrection, We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and

bring us to that heavenly country where, with [_____ and] all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

Priest and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Bread is broken and silence is kept.

Then may be said

Christ our Passover is sacrificed for us;

Therefore let us keep the feast.

Invitation to Communion

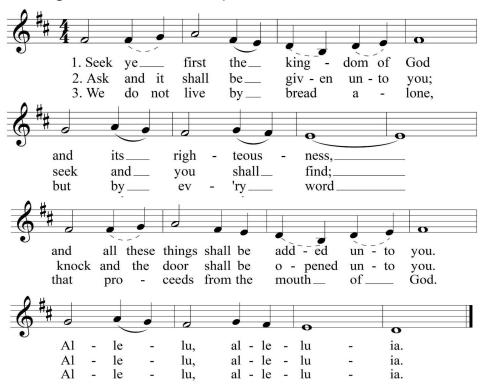
A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

Optional Prayer for those who cannot receive

Beloved Jesus, I believe that you are present in the Blessed Sacrament of the Altar. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you in the Sacrament of your Body and Blood, come spiritually into my heart. I embrace you and unite myself entirely to you. Let me never be separated from you in this life or in the life to come. Amen.

The people may be seated.

Hymns During Communion: "Seek ye first"

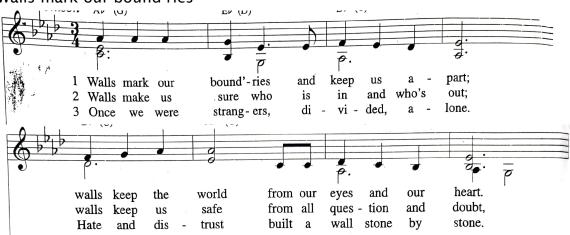


Text: v. 1, Matt. 6:33, adapt. Karen Lafferty; v. 2, Matt. 7:7; v. 3, Matt 4:4.

Music: by Karen Lafferty (LAFFERTY, irr.) © 1972, Maranatha! Music, admin. The Copyright Co.

Permission to reprint, podcast, and/or stream this music obtained from CCLI with licenses #20816983/20816976. All rights reserved.

Walls mark our bound'ries"





Words/Music: Jim Strathdee, Ruth C. Duck. Words © 1996 Pilgrim Press; Music © 1997 Desert Flower Music Strathdee Music. Permission to reprint, podcast, and/or stream this music obtained from CCLI with licenses #20816983/20816976. All rights reserved.

686 "Come, thou fount of every blessing"



Words: Robert Robertson; Music: Nettleton 1883. Public domain.

The People stand as they are able.

After Communion, all say

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Priest bestows the blessing

The Peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

(Continued on next page)

Closing 690 "Guide me, O thou great Jehovah"



Words: William Williams, tr. Peter Williams; Music: John Hughes. Public domain.

The Deacon (or if no Deacon, the Priest) dismisses the People.

Go in peace to love and serve the Lord.

People Thanks be to God.

Postlude

In Our Prayers

LARCC: Environmental Sensitivity at First Congregational UCC

For Healing & Convalescing: Reed Hamp, Audrey Himes, Lotte Rosenberg, Patti Rockwell, Debbie Sanborn, Carol Hart, Betty Bartley, Lee Harris, Ginny French, Maggie Lamb, Matthew Van Zetten, Bob Hanna, Daryl Hebert, Jim Tanner, Mike Tanner, Andrew, Carol Putkamer, Phil, Jim Gilmet, and Jane McClain.

Birthdays: Dominic Losano (6), Michele Cornish, Don Stockdale (9)

Military: Ashley Alexander, Tyler Ferrier, Joshua Gapske, Isaac Graham, John Hartman

Cycles of Prayer: Diocesan: Trinity Church, Three Rivers and St. John's, Harbor Springs; Anglican: the Anglican Church of Kenya

The Flowers On The Altar

Given to the Glory of God and In Memory of Ervin & Helen Werth Bob & Betty Westrope by Their Children Steve & Betty Westrope

Announcement

SCHOLARSHIPS AWARDED

Congratulations to our 2024 Scholarship recipients, Faith and Grace Cousins.

NO WORSHIP CENTER IN AUGUST

Worship Center will not meet during the month of August. We will resume on Sunday, September 8th.

MESSY CHURCH

Messy Church will begin meeting in September along with the Potluck Dinner. The date will be September 5 and the time will be 5-7:00 pm. Anyone interested in helping set up, assisting with children, or clean up please contact Bronwyn at 989=356-1045.



Future Worship Schedule

Sunday, August 11

9 am - Holy Eucharist/Rev. Tom Downs 11 am - Holy Eucharist/Rev. Tom Downs

Sunday, August 18

9 am - Holy Eucharist/Rev. Mark Rutenbar 11 am - Holy Eucharist/Rev. Mark Rutenbar

Sunday, August 25

9 am - Holy Eucharist/Rev. Tom Downs 11 am - Holy Eucharist/Rev. Tom Downs

Sunday, September 1

9 am - Holy Eucharist/Rev. Mark Rutenbar 11 am - Holy Eucharist/Rev. Mark Rutenbar

Wednesdays, August 7, 14, 21, 28 and September 4, 11, 18, 25

12:05 pm - Holy Eucharist/Rev. Bruce Michaud 1:00 pm - Bible Study/Rev. Bruce Michaud

This Week's Calendar		
Today		Holy Eucharist Sunday Supper
Tuesday		Alpena Groove - Lower Level Tuesday Night Activities
Wednesday	All Day 12:05 PM 1:05 PM 7 PM	,
Friday	5:30 PM	AA

Trinity Episcopal Church 124 E. Washington Avenue Alpena, MI 49707

The Rev. Dr. Daniel Maxwell, Deacon Mobile: (248) 568-7115

X

Kat Tomaszewski, Music Director Peggy Tomaszewski, Office Manager

Office Hours:1:00 -5:00 PM Monday -Thursday; 1:00 -3:00 PM Friday Phone: (989) 356-0576 & Email: adminasst@trinityalpena.net

Website: www.trinityalpena.net

Office Hours: Closed Mondays, Tuesday - Thursday - 1pm to 5pm, Friday - 1pm to 3pm

Welcome to Trinity, part of the Anglican Communion, and thus, both catholic and reformed — the *via media* or "middle way" between Roman Catholicism and Protestantism.

Trinity organized in 1864 and our Victorian Gothic building dates from 1883. As a "National Jubilee Center," we reach out to many in need, and as a venue for performing arts, we live out our identity as a "village church" in the English tradition.

In "Eucharistic hospitality," we invite all persons to the Lord's Table. Please join us there, and then, next door after the Service for refreshment and fellowship. We are delighted that you are here, and would be delighted to meet you.

The Vestry

Ellen Eagan, Senior Warden Don Stockdale, Junior Warden Susan Fitzpatrick, Treasurer

Michelle Cornish, Clerk

Duane Himes Iim Masters

Cathy Meske Lisa Rhea

Bill Powell Betty Westrope

