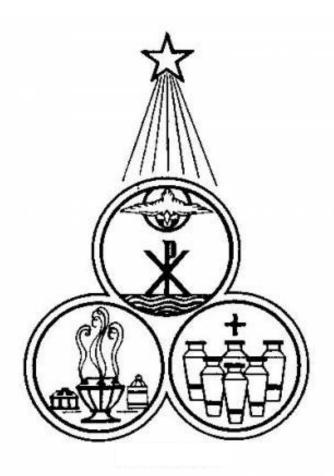
Fifth Sunday After the Epiphany



February 5, 2023 8:00 & 11:00 a.m.

Prelude

Announcements

The complete text begins on page 355 of The Book of Common Prayer.

Special Music "Spirit of God, Descend Upon My Heart" MaryAnn Hubbard
Frederick C. Atkinson/Setting by John Carter © 1991 Hope Publishing Co. Permission to reprint, podcast, and/or stream
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Entrance 372 "Praise to the living God!"



Words: Medieval Jewish liturgy; tr. Max Landsberg/Newton M. Mann; Music: Hebrew melody. This selection is in the public domain.

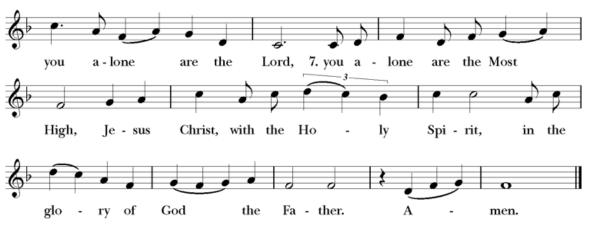
Priest Blessed be God: Father, Son and Holy Spirit.

People And blessed be God's kingdom, now and forever. Amen.

Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**





The Collect of the Day

Priest The Lord be with you.

People And also with you.

Priest Let us pray.

Priest Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

The Lessons

Isaiah 58:1-9a[9b-12]

'Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. 2Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. 3"Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. 4Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. 51s such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the LORD? 6 Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? 7Is it not to share your bread with the hungry, and bring

the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? 8Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the LORD shall be your rear guard. 9aThen you shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am. [96] If you remove the yoke from among you, the pointing of the finger, the speaking of evil, 10 if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. 11The LORD will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. 12Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.1

Lector Hear what the Spirit is saying to God's people. People **Thanks be to God.**

Gradual Psalm 112:1-9[10]

- 1 Hallelujah! Happy are they who fear the Lord * and have great delight in his commandments!
- Their descendants will be mighty in the land; * the generation of the upright will be blessed.
- Wealth and riches will be in their house, * and their righteousness will last for ever.
- 4 Light shines in the darkness for the upright; * the righteous are merciful and full of compassion.
- 5 It is good for them to be generous in lending * and to manage their affairs with justice.
- 6 For they will never be shaken; *
 the righteous will be kept in everlasting remembrance.
- 7 They will not be afraid of any evil rumors; * their heart is right; they put their trust in the Lord.

- 8 Their heart is established and will not shrink, * until they see their desire upon their enemies.
- 9 They have given freely to the poor, * and their righteousness stands fast for ever; they will hold up their head with honor.
- 10 The wicked will see it and be angry; they will gnash their teeth and pine away; * the desires of the wicked will perish.

Refrain

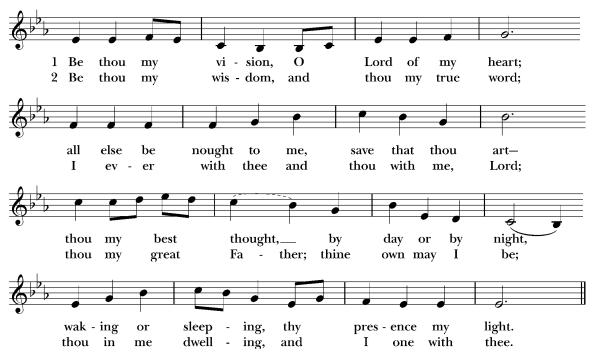
1 Corinthians 2:1-12, [13-16]

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him"— these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. [And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual. Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny. "For who has known the mind of the Lord so as to instruct him?" But we have the mind of Christ.1

Lector Hear what the Spirit is saying to God's people.

People Thanks be to God.

Sequence 488 "Be thou my vision, O Lord of my heart"



Words: Mary E. Byrne, tr. Eleanor H. Hull; Music: Irish ballad melody, harm. David Evans. Music © 1927 Oxford University Press. Permission to reprint, podcast, and/or stream this music obtained from ONE LICENSE with license #723843-A. All rights reserved.

Deacon (or Priest) The holy Gospel of our Lord Jesus Christ according to Matthew.

People Glory to you, Lord Christ.

Matthew 5:13-20

Jesus said, "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. "You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. "Do not think that I have come to abolish

the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven."

Deacon (or Priest) The Gospel of the Lord.
People Praise to you, Lord Christ.

The Sermon The Rev. LaRae Rutenbar

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.

For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate;

or our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

The Leader and People pray responsively

Father, we pray for your holy Catholic Church; That we all may be one.

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for presiding Bishop Michael, our Bishop Provisional Prince, and for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake; That our works may find favor in your sight.

Have compassion on Ken, Joana, Bruce, Ruth, Sue, Maggie, Matthew, Bob, Curtis, Daryl, Jim, Mike, and Andrew...are there others?...and all those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed eternal rest;

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy; May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

Silence

The People may add their own petitions.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

The Priest says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Priest The peace of the Lord be always with you.

People And also with you.

The People may then greet one another with a sign of peace.

Offertory

Special Music "This is My Father's World" Cheryl Bates

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Doxology (Old Hundredth, Hymn 380 v. 3)

Praise God, from whom all bless-ings flow! Praise God, all crea-tures here be-low, Praise God above, ye heav-'nly host; Praise Fa-ther, Son, and Ho-ly Ghost.

The Great ThanksgivingThe complete text begins on p. 361, BCP

Priest The Lord be with you.

People And also with you.

Priest Lift up your hearts.

People We lift them to the Lord.

Priest Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

Priest It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Then the Priest continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

At the following words concerning the bread, the Priest is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

Celebrant and People

Christ has died. Christ is risen. Christ will come again.

The Priest continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

The Priest continues through the Invocation, then says

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

Priest and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Bread is broken and silence is kept. Then may be said

Priest Alleluia. Christ our Passover is sacrificed for us;

People Therefore let us keep the feast. Alleluia.

Invitation to Communion

A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

Optional Prayer for those who cannot receive

Beloved Jesus, I believe that you are present in the Blessed Sacrament of the Altar. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you in the Sacrament of your Body and Blood, come spiritually into my heart. I embrace you and unite myself entirely to you. Let me never be separated from you in this life or in the life to come. Amen.

Hymns During Communion

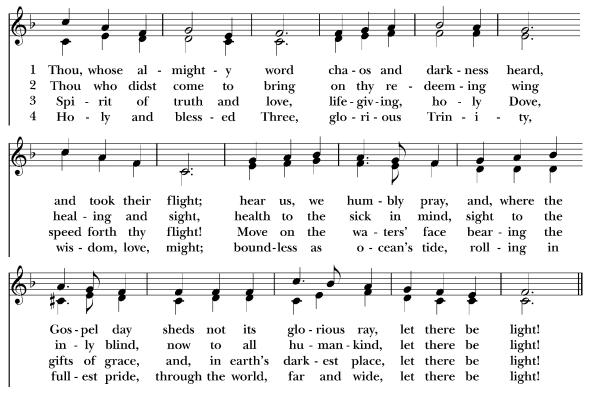




Text: Kathleen Thomerson, b. 1934 Music: HOUSTON, Kathleen Thomerson Text and music © 1970, 1975 Celebration

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371 "Thou, whose almighty word"



Words: John Marriott; Music: Felice de Giardini; harm. Lowell Mason. This selection is in the public domain.

Celebrant and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Priest bestows the blessing

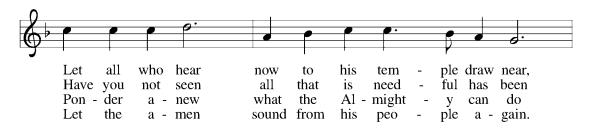
Closing "Praise to the Lord, the Almighty"

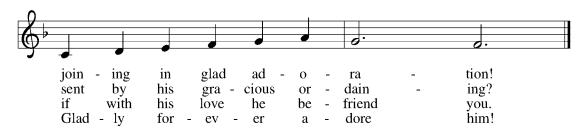


- 1 Praise to the Lord, the Al might y, the King of cre a tion!
- 2 Praise to the Lord, who o'er all things is won-drous-ly reign ing
 - B Praise to the Lord, who will pros-per your work and de-fend you;
- 4 Praise to the Lord! Oh, let all that is in me a dore him!



O my soul, praise him, for is your health and sal - va he gle, up - lift - ing, sus - tain and, as on wings of an ea mer - cy shall dai - ly at - tend sure - ly his good - ness and you. and breath, come now with prais - es be - fore All that has life him!





Text: Joachim Neander, 1650–1680; tr. Catherine Winkworth, 1827–1878, alt.

Music: LOBE DEN HERREN, Ernewerten Gesangbuch, Part II, Stralsund, 1665 Public Domain

The Deacon (or if no Deacon, the Priest) dismisses the People.

Go in peace to love and serve the Lord.

People Thanks be to God.

Postlude

In Our Prayers

LARCC: Stephen Ministry Program at St. Paul Lutheran Church

For Healing & Convalescing: Ken Hubbard, Joana Jackson, Bruce Connon, Ruth Kapala, Sue Linke, Maggie Lamb, Matthew Van Zetten, Bob Hanna, Curtis Carr, Daryl Hebert, Jim Tanner, Mike Tanner, and Andrew.

Homebound: Shirley Carr

Birthdays: Patti Rockwell (6), Caden Lakin (8), Brandon Peterson (9)

Military: Ashley Alexander, Tyler Ferrier, Joshua Gapske, Isaac Graham,

John Hartman

Cycles of Prayer: Diocesan: Holy Family, Midland and St. Paul's, St. Joseph;

Anglican: the Anglican Church of Papua New Guinea

The Flowers at the Altar

Given to the Glory of God and In Memory of Carl & Jane Ann Reitz by Their Family

Readings for February 12	
	Deuteronomy 30:15-20 Psalm 119:1-8
	1 Corinthians 3:1-9 Matthew 5:21-37

Announcements

THANK YOU

Thank you to the Rev. LaRae Rutenbar for being here today and leading us in worship.

VICTORIAN TEA PLANNING MEETING

The first Victorian Tea Planning Committee will meet Wednesday, February 8 from 2 to 3:30 in the parish hall. Items on the agenda will include :theme/decorations/colors, etc., pricing, key people, menu planning. Anyone with a sincere interest to help is welcome. Call Kathryn for more information. 989-356-1076.

ENCORE! ENCORE!

If you bought a couple of quarts of Maggie Michaud's Nearly Famous Vegetable Soup and wish you had purchased more, or if you missed out the first time around and you are filled with regret after hearing the rave reviews, never fear!! We can help you out. We have FROZEN Maggie Michaud's Nearly Famous Vegetable Soup! Just ask at coffee hour and someone will fill your order! Or call Cheryl Bates (989) 657-2939 or Sonya Titus (989) 354-6031 for a convenient pick up time.

COULD THIS BE YOU?

Who changes the colored linens on the altar or prepares the communion table?? Well, it could be you! There is a dire need for altar guild members and the Altar Guide Director Lisa Rhea is willing and able to provide training and supervision. Duties include a Sat. commitment to place altar flowers and set the altar for communion and sometimes change the linens. On Sunday, the communion table gets reset after the 8 a.m. service and the altar is cleared after the 11 a.m. service. The goal is to have two people for each Sunday to divide the duties. It's not a lot of work and it doesn't take long, but it is so important to prepare the altar for the Lord's Day. Please consider serving. If you are interested, call Lisa Rhea at 734-819-1609 or 989-354-3480.



Future Worship Schedule

Sunday, February 12

8 am - Holy Eucharist/Rev. Mark Rutenbar 11 am - Holy Eucharist/Rev. Mark Rutenbar

Sunday, February 19

8 am - Holy Eucharist/Rev. Mark Rutenbar 11 am - Holy Eucharist/Rev. Mark Rutenbar

Sunday, February 26

8 am - Holy Eucharist/Rev. LaRae Rutenbar 11 am - Holy Eucharist/Rev. LaRae Rutenbar

Wednesdays, February 8, 15, 22and March 1, 8, 15, 22, 29

12:05 pm - Holy Eucharist/Rev. Bruce Michaud 1:00 pm - Bible Study/Rev. Bruce Michaud

CHURCH OFFICE HOURS

Closed Mondays
Tuesday - Thursday - 1pm to 5pm
Friday - 1pm to 3pm

Trinity Episcopal Church 124 E. Washington Avenue Alpena, MI 49707

The Rev. Dr. Daniel Maxwell, Deacon Mobile: (248) 568-7115

Kat Tomaszewski, Music Director Peggy Tomaszewski, Office Manager

Office Hours:1:00 -5:00 PM Monday -Thursday; 1:00 -3:00 PM Friday Phone: (989) 356-0576 ★ Email: adminasst@trinityalpena.net Website: www.trinityalpena.net

Welcome to Trinity, part of the Anglican Communion, and thus, both catholic and reformed — the *via media* or "middle way" between Roman Catholicism and Protestantism.

Trinity organized in 1864 and our Victorian Gothic building dates from 1883. As a "National Jubilee Center," we reach out to many in need, and as a venue for performing arts, we live out our identity as a "village church" in the English tradition.

In "Eucharistic hospitality," we invite all persons to the Lord's Table. Please join us there, and then, next door after the Service for refreshment and fellowship. We are delighted that you are here, and would be delighted to meet you.

The Vestry

Ellen Eagan, Senior Warden Ben Westrope, Junior Warden Susan Fitzpatrick, Treasurer

Tina Wilson, Clerk

Duane Himes Bob Lakin

Cathy Meske Lisa Rhea

Ted Rockwell Sonya Titus

