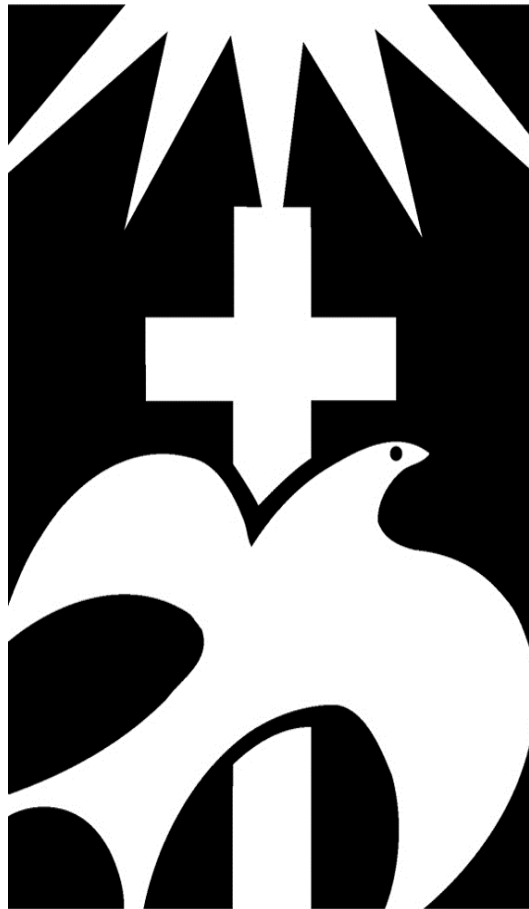


**Thirteenth Sunday  
after Pentecost:  
Proper 15**



**August 18, 2024  
9:00 & 11:00 am**

*Before the service, speak to the Lord;  
During the service, let the Lord speak to you;  
After the service, speak to one another.*

Prelude

**Entrance 488 "Be thou my vision"**



1 Be thou my vi - sion, O Lord of my heart;  
2 Be thou my wis - dom, and thou my true word;  
3 High King of hea - ven, when vic - tory is won,



all else be nought to me, save that thou art—  
I ev - er with thee and thou with me, Lord;  
may I reach hea - ven's joys, bright hea - ven's Sun!



thou my best thought, — by day or by night,  
thou my great Fa - ther; thine own may I be;  
Heart of my heart, — what - ev - er be - fall,



wak - ing or sleep - ing, thy pres - ence my light.  
thou in me dwell - ing, and I one with thee.  
still be my vis - ion, O Ru - ler of all.

*Words: Mary E. Byrne, tr. Eleanor H. Hull. Music: Irish ballad. Public domain.*

*The complete text begins on page 355 of The Book of Common Prayer.*

*Priest* **Blessed be God: Father, Son and Holy Spirit.**

*People* **And blessed be God's kingdom, now and forever.**

## Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

*All say this Hymn of Praise (9 a.m.)*

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,  
you take away the sin of the world: have mercy on us;  
you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit, in the glory of God the Father. Amen.

*All sing this Hymn of Praise (11:00 a.m.)*

### S 280 Glory to God

1. Glo - ry to God in the high - est, and  
peace to his peo - ple on earth. 2. Lord God, heaven - ly  
King, al - migh - ty God and Fa - ther, we wor - ship you, we  
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you

take a - way the sin of the world: have mer - cy  
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -  
ceive our prayer. 6. For you a - lone are the Ho - ly One,  
you a - lone are the Lord, 7. you a - lone are the Most  
High, Je - sus Christ, with the Ho - ly Spi - rit, in the  
glo - ry of God the Fa - ther. A - men.

## The Collect of the Day

*Priest* The Lord be with you.

*People* **And also with you.**

*Priest* Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## The Lessons

### Proverbs 9:1-6

<sup>1</sup>Wisdom has built her house, she has hewn her seven pillars. <sup>2</sup>She has slaughtered her animals, she has mixed her wine, she has also set her table. <sup>3</sup>She has sent out her servant-girls, she calls from the highest places in the town, <sup>4</sup>“You that are simple, turn in here!” To those without sense she says, <sup>5</sup>“Come, eat of my bread and drink of the wine I have mixed. <sup>6</sup>Lay aside immaturity, and live, and walk in the way of insight.”

*Lector* Hear what the Spirit is saying to God’s people.

*People* **Thanks be to God.**

Gradual Psalm 34:9-14

Taste and see that the  
Lord \_\_\_\_\_ is \_\_\_\_\_ good.

From *A HymnTune Psalter, Revised Common Lectionary Edition* © 2007 by Carl P. Daw, Jr. and Kevin R. Hackett. Church Publishing Incorporated. All rights reserved. Used by permission.

<sup>9</sup>Fear the LORD, you that are his saints, \*  
for those who fear him lack nothing.

<sup>10</sup>The young lions lack and suffer hunger, \*  
but those who seek the LORD lack nothing that is good. **Refrain**

<sup>11</sup>Come, children, and listen to me; \*  
I will teach you the fear of the LORD.

<sup>12</sup>Who among you loves life \*  
and desires long life to enjoy prosperity? **Refrain**

<sup>13</sup>Keep your tongue from evil-speaking \*  
and your lips from lying words.

<sup>14</sup>Turn from evil and do good; \*  
seek peace and pursue it. **Refrain**

## Ephesians 5:15-20

<sup>15</sup>Be careful then how you live, not as unwise people but as wise, <sup>16</sup>making the most of the time, because the days are evil. <sup>17</sup>So do not be foolish, but understand what the will of the Lord is. <sup>18</sup>Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, <sup>19</sup>as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, <sup>20</sup>giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

*Lector* Hear what the Spirit is saying to God's people.

*People* **Thanks be to God.**

### Sequence L117 "I'm goin'a sing when the Spirit says sing"

The musical score is written in 4/4 time with a key signature of one flat (B-flat). It consists of four staves of music. The lyrics are: "I'm goin' - a sing\* when the Spir - it says sing. \_\_\_\_\_", "I'm goin' - a sing when the Spir - it says sing. \_\_\_\_\_", "I'm goin' - a sing when the Spir - it says sing, \_\_\_\_\_ and o -", and "bey the Spir - it of the Lord. \_\_\_\_\_". The music features a mix of eighth and quarter notes, with some measures containing chords. There are long horizontal lines under the lyrics "sing." and "sing, \_\_\_\_\_" indicating a sustained note or a long breath.

\*2. pray 3. moan 4. shout

*Words: Traditional; Music: Negro spiritual, adapt. William F. Smith. © 1989 United Methodist Publishing House. Permission to reprint, podcast, and/or stream this music obtained from ONE LICENSE with license #723843-A. All rights reserved.*

*Priest* The holy Gospel of our Lord Jesus Christ according to John.

*People* **Glory to you, Lord Christ.**

John 6:51-58

[Jesus said,] <sup>51</sup>“I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.” <sup>52</sup>The Jews then disputed among themselves, saying, “How can this man give us his flesh to eat?” <sup>53</sup>So Jesus said to them, “Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. <sup>54</sup>Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; <sup>55</sup>for my flesh is true food and my blood is true drink. <sup>56</sup>Those who eat my flesh and drink my blood abide in me, and I in them. <sup>57</sup>Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. <sup>58</sup>This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever.”

*Priest* The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

**The Sermon**            The Rev. Mark Rutenbar

**The Nicene Creed**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

### **The Prayers of the People**

**Almighty God, giver of every good gift: Look graciously on your Church, and so guide the minds of those who shall choose a rector for this parish, that we may receive a faithful pastor, who will care for your people and equip us for our ministries; through Jesus Christ our Lord. Amen.**

*Lector* God of heaven and earth, through Jesus Christ you promise to hear us when we pray to you in faith with thanksgiving.

We pray for one another, for our families and friends, through whom we learn to love and be loved. Thank you for all who care for us. Give us grace to serve Christ by serving our neighbors and our community, loving others as he loves us.

God of love

**Hear our prayer**

*Silence*

We thank you for the unfailing love you hold out to everyone in Jesus Christ. Comfort and heal those in sorrow, need, sickness or any other trouble, remembering especially Reed, Audrey, Lotte, Patti, Debbie, Carol, Betty, Lee, Ginny, Maggie, Matthew, Bob, Daryl, Jim, Mike, Andrew, Carol, Phil, Jim, and Jane. Give them courage and hope in their distress and bless those who minister to them.



God of love  
**Hear our prayer**

*Silence*

We remember with gratitude your many gifts to us in creation and the rich heritage of this land. Help us and people everywhere to share with justice and peace the resources of the earth. Inspire with your wisdom those in authority among us, the leaders of the nations and all whose decisions affect the lives of others.

God of love  
**Hear our prayer**

*Silence*

We pray for your Church throughout the world. We thank you for all who serve Christ and God's kingdom. By your Spirit strengthen your people for their work and witness in the world. Unite us in your truth and love, that we who confess your name may also reflect your grace.

God of love  
**Hear our prayer**

*Silence*

We remember with thanksgiving all who have died in Christ, and we rejoice at the faithful witness of your saints in every age, praying that we may enter with them into the unending joy of your heavenly kingdom.

God of love  
**Hear our prayer**

*Silence*

Merciful God you look with compassion on all who turn to you. Hear the prayers of your people.

**Grant that we have asked in faith we may by your grace receive;  
Through Jesus Christ our Lord. Amen.**

*Priest* Those things, good Lord that your servants have prayed for,  
Give us grace to work for; and in the purpose of your love answer our  
prayers and fulfil our hopes for Jesus' sake.

**Amen**

*The Priest says*

Let us confess our sins against God and our neighbor.

*Silence is kept for recollection of sins. Then, all say*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*The Priest says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## **The Peace**

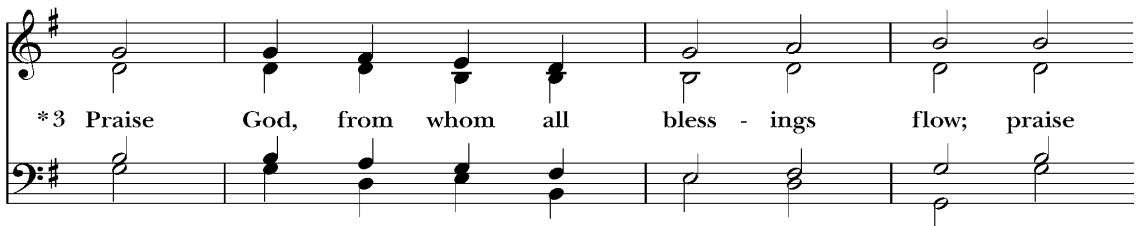
*Priest* The peace of the Lord be always with you.

*People* **And also with you.**

*The People may then greet one another with a sign of peace.*

## **Offertory**

**Doxology** (*Old Hundredth, Hymn 380 v. 3*) *Words: Thomas Ken. Public domain.*



\*3 Praise God, from whom all blessings flow; praise

him, all crea-tures here be - low; praise him a - bove, ye

heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

### *Eucharistic Prayer B*

*The people remain standing. The Celebrant, whether bishop or priest, faces them and sings or says*

*Priest* The Lord be with you.

*People* **And also with you.**

*Priest* Lift up your hearts.

*People* **We lift them to the Lord.**

*Priest* Let us give thanks to the Lord our God.

*People* **It is right to give God thanks and praise.**

*Priest* It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever say or sing this hymn to proclaim the glory of your Name:

*Celebrant and People (Spoken at 9 a.m.)*

Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

*Celebrant and People (Sung at 11 a.m.)*

Ho - ly, ho - ly, ho - ly Lord, God of power and  
might, Ho - ly, ho - ly, ho - ly Lord,  
God of power and might, hea - ven and earth are  
full, full of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na  
in the high - est. Bless - ed is he who comes  
in the name of the Lord. Ho - san - na  
in the high - est. Ho - san - na in the high - est.

*The people stand or kneel.*

*Then the Celebrant continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

*At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

*Celebrant and People*

We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;

*The Celebrant continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [ \_\_\_\_\_ and] all

your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

*Priest and People*

**Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in  
heaven. Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.**

### **The Breaking of the Bread**

*The Bread is broken and silence is kept.*

*Then may be said*

**Christ our Passover is sacrificed for us;  
Therefore let us keep the feast.**

### **Invitation to Communion**

*A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.*

*Optional Prayer for those who cannot receive*

Beloved Jesus, I believe that you are present in the Blessed Sacrament of the Altar. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you in the Sacrament of your Body and Blood, come spiritually into my heart. I embrace you and unite myself entirely to you. Let me never be separated from you in this life or in the life to come. Amen.

*The people may be seated.*

## Hymns During Communion: "Seek ye first"



1. Seek ye \_\_\_ first the \_\_\_ king - dom of God  
2. Ask and it shall be \_\_\_ giv - en un - to you;  
3. We do not live by \_\_\_ bread a - lone,



and its \_\_\_ righ - teous - ness, \_\_\_  
seek and \_\_\_ you shall \_\_\_ find; \_\_\_  
but by \_\_\_ ev - 'ry \_\_\_ word \_\_\_



and all these things shall be add - ed un - to you.  
knock and the door shall be o - pened un - to you.  
that pro - ceeds from the mouth \_\_\_ of \_\_\_ God.



Al - le - lu, al - le - lu - ia.  
Al - le - lu, al - le - lu - ia.  
Al - le - lu, al - le - lu - ia.

Text: v. 1, Matt. 6:33, adapt. Karen Lafferty; v. 2, Matt. 7:7; v. 3, Matt 4:4.

Music: by Karen Lafferty (LAFFERTY, irr.) © 1972, Maranatha! Music, admin. The Copyright Co.

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# Walls mark our bound'ries"

1 Walls mark our bound'-ries and keep us a - part;  
 2 Walls make us sure who is in and who's out;  
 3 Once we were strang-ers, di - vi - ded, a - lone.

walls keep the world from our eyes and our heart.  
 walls keep us safe from all ques - tion and doubt,  
 Hate and dis - trust built a wall stone by stone.

Ta - bles are round, mak - ing room for one more,  
 but at a ta - ble in o - pen ex - change  
 Now at a ta - ble the bread that we share

wel - com - ing friends we had not known be - fore. So  
 new ties are formed as our lives re - ar - range. So  
 joins us to Christ in a cir - cle of care. So



Ab (G) Eb (D) Db (C) Ab (G)

build us a ta - ble and tear down the wall!

Db (C) Ab/C (G) Bbmin (Amin) Fmin (Emin)

Christ is our host. There is room.

Db (C) Eb (D) 1,2 Ab (G) Db/Ab (C)

for us all!

Ab (G) Eb7 (D7) 3. Ab (G)

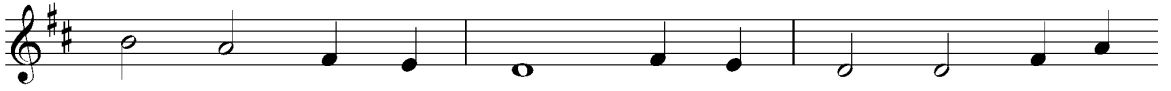
all!

Words/Music: Jim Strathdee, Ruth C. Duck. Words © 1996 Pilgrim Press; Music © 1997 Desert Flower Music Strathdee Music. Permission to reprint, podcast, and/or stream this music obtained from CCLI with licenses #20816983/20816976. All rights reserved.

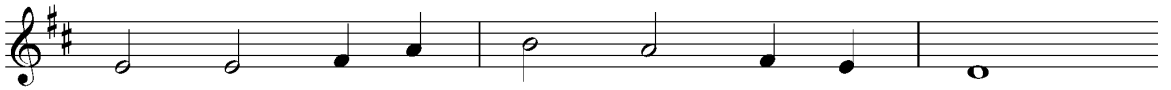
686 "Come, thou fount of every blessing"



1 Come, thou fount of ev - ery bless - ing, tune my  
 2 Here I find my great - est trea - sure; hith - er,  
 3 Oh, to grace how great a debt - or dai - ly



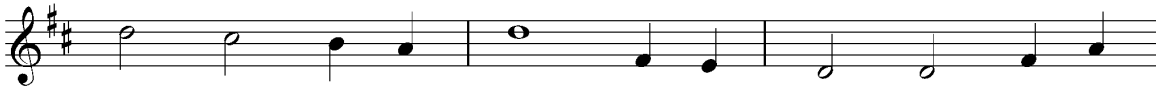
heart to sing thy grace! Streams of mer - cy nev - er  
 by thy help, I've come; and I hope, by thy good  
 I'm con - strained to be! Let thy good - ness, like a



ceas - ing, call for songs of loud - est praise.  
 plea - sure, safe - ly to ar - rive at home.  
 fet - ter, bind my wan - dering heart to thee:



Teach me some me - lo - dious son - net, sung by  
 Je - sus sought me when a stran - ger wan - dering  
 prone to wan - der, Lord, I feel it, prone to



flam - ing tongues a - bove. Praise the mount! Oh, fix me  
 from the fold of God; he, to res - cue me from  
 leave the God I love; here's my heart, oh, take and



on it, mount of God's un - chang - ing love.  
 dan - ger, in - ter - posed his pre - cious blood.  
 seal it, seal it for thy courts a - bove.

Words: Robert Robertson; Music: Nettleton 1883. Public domain.

*The People stand as they are able.*

*After Communion, all say*

**Almighty and everliving God, we thank you for feeding us with  
 the spiritual food of the most precious Body and Blood of your**

**Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.**

*The Priest bestows the blessing*

The Peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. Amen.

### Closing “Go, my children, with my blessing”



1 “Go, my chil - dren, with my bless - ing, nev - er a - lone.  
 2 “Go, my chil - dren, sins for - giv - en, at peace and pure.  
 3 “Go, my chil - dren, fed and nour - ished, clos - er to me.



Wak - ing, sleep - ing, I am with you, you are my own.  
 Here you learned how much I love you, what I can cure.  
 Grow in love and love by serv - ing, joy - ful and free.



In my love’s bap - tis - mal riv - er I have made you mine for - ev - er.  
 Here you heard my dear Son’s sto - ry, here you touched him, saw his glo - ry.  
 Here my Spir - it’s pow - er filled you, here my ten - der com - fort stilled you.



Go, my chil - dren, with my bless - ing, you are my own.”  
 Go, my chil - dren, sins for - giv - en, at peace and pure.”  
 Go, my chil - dren, fed and nour - ished, joy - ful and free.”

Text: Jaroslav J. Vajda, b. 1919, alt.  
 Music: AR HYD Y NOS, Welsh traditional  
 Text © 1983 Concordia Publishing House

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*The Deacon (or if no Deacon, the Priest) dismisses the People.*

Go in peace to love and serve the Lord.

*People* **Thanks be to God.**

Postlude

## In Our Prayers

**LARCC:** Sunday Supper Program at Trinity Episcopal Church

**For Healing & Convalescing:** Reed Hamp, Audrey Himes, Lotte Rosenberg, Patti Rockwell, Debbie Sanborn, Carol Hart, Betty Bartley, Lee Harris, Ginny French, Maggie Lamb, Matthew Van Zetten, Bob Hanna, Daryl Hebert, Jim Tanner, Mike Tanner, Andrew, Carol Putkamer, Phil, Jim Gilmet, and Jane McClain.

**Birthdays:** Lucinda Baker (18)

**Military:** Ashley Alexander, Tyler Ferrier, Joshua Gapske, Isaac Graham, John Hartman

**Cycles of Prayer:** Diocesan: St. Andrew's, Gaylord and St. Paul's, Elk Rapids; Anglican: the Anglican Church of Melanesia

## ANNOUNCEMENTS

### **NO WORSHIP CENTER IN AUGUST**

Worship Center will not meet during the month of August. We will resume on Sunday, September 8th.

### **MESSY CHURCH**

Messy Church will begin meeting in September along with the Potluck Dinner. The date will be September 5 and the time will be 5-7:00 pm. Anyone interested in helping set up, assisting with children, or clean up please contact Bronwyn at 989-356-1045.

## **TECW OFFERS ENNEAGRAM SPIRITUAL RETREAT**

**Thursday, September 19 ~ 10 a.m.—12 p.m.**  
(with lunch following in the Parish Hall)

This workshop is sponsored by the TECW and offered free of charge. All are welcome. ***Please RSVP by September 15 to Sonya Titus at 989.354.6031.***

“The Essential Enneagram” book is available for a suggested donation of \$7.00 or can be purchased on Amazon.com.

### **ABOUT THE PRESENTER AND WORKSHOP**

#### **BIO**

Br. Mike Whitman lives in Tawas City, MI, as a Roman Catholic contemplative in the world, under the guidance of the Carmelite Rule, while practicing a monastic lifestyle. He has been a certified spiritual director since 2004, which is supported since 2011, by a master’s degree in Contemporary Spirituality from Loyola University in Chicago. He has been interested in the Enneagram since his formation as a spiritual director. He in no way claims to be an expert in this process.

#### **POSSIBLE RESOURCES**

THE ESSENTIAL ENNEAGRAM, David Daniels, M.D., Virginia Price, PH.D.  
(Most recommended for this workshop – has a test he would recommend all take before the workshop.)

ENNEAGRAM SPIRITUALITY, Suzanne Zuercher, O.S.B.

SPIRITUAL RHYTHMS FOR THE ENNEAGRAM, Adele & Doug Calhoun and Claire & Scott Loughrige

#### **WORKSHOP OUTLINE**

This workshop will explore the possible usefulness of the Enneagram in our spiritual journey. It, along with numerous other personality inventories, helps us to honestly understand ourselves, which is 90% of what this journey is about. The other 10%, how does God fit into all this, begins to fall into place the closer we approach real integration. Br. Mike will share his own appreciation of this tool in his life and work.



# Future Worship Schedule

## Sunday, August 25

9 am - Holy Eucharist/Rev. Tom Downs  
11 am - Holy Eucharist/Rev. Tom Downs

## Sunday, September 1

9 am - Holy Eucharist/Rev. Mark Rutenbar  
11 am - Holy Eucharist/Rev. Mark Rutenbar

## Sunday, September 8

9 am - Holy Eucharist/Rev. Tom Downs  
11 am - Holy Eucharist/Rev. Tom Downs

## Sunday, September 15

9 am - Holy Eucharist/Rev. Mark Rutenbar  
11 am - Holy Eucharist/Rev. Mark Rutenbar

## Wednesdays, August 21, 28 and September 4, 11, 18, 25

12:05 pm - Holy Eucharist/Rev. Bruce Michaud  
1:00 pm - Bible Study/Rev. Bruce Michaud

### This Week's Calendar

Today	9 & 11 AM 4 PM	Holy Eucharist Sunday Supper
Tuesday	1:30 PM 4:45 PM 7 PM	Prayer Group Alpena Groove - Lower Level AA
Wednesday	All Day 12:05 PM 1:05 PM 7 PM	Church Office Closed Holy Eucharist The Good Book (Bible) Study AA
Thursday	6 PM	Vestry
Friday	5:30 PM	AA

## **Trinity Episcopal Church**

**124 E. Washington Avenue**

**Alpena, MI 49707**

The Rev. Dr. Daniel Maxwell, Deacon

Mobile: (248) 568-7115

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Kat Tomaszewski, Music Director

Peggy Tomaszewski, Office Manager

Office Hours: 1:00 -5:00 PM Monday -Thursday; 1:00 -3:00 PM Friday

Phone: (989) 356-0576 ✠ Email: [adminasst@trinityalpena.net](mailto:adminasst@trinityalpena.net)

Website: [www.trinityalpena.net](http://www.trinityalpena.net)

**Office Hours: Closed Mondays,**

**Tuesday - Thursday - 1pm to 5pm, Friday - 1pm to 3pm**

Welcome to Trinity, part of the Anglican Communion, and thus, both catholic and reformed — the *via media* or "middle way" between Roman Catholicism and Protestantism.

Trinity organized in 1864 and our Victorian Gothic building dates from 1883. As a "National Jubilee Center," we reach out to many in need, and as a venue for performing arts, we live out our identity as a "village church" in the English tradition.

In "Eucharistic hospitality," we invite all persons to the Lord's Table. Please join us there, and then, next door after the Service for refreshment and fellowship. We are delighted that you are here, and would be delighted to meet you.

### **The Vestry**

Ellen Eagan, Senior Warden

Don Stockdale, Junior Warden

Susan Fitzpatrick, Treasurer

Michelle Cornish, Clerk

Duane Himes      Jim Masters

Cathy Meske      Lisa Rhea

Bill Powell      Betty Westrope

